

# Spiritual Rhythms



**ECKANKAR**  
ANCIENT WISDOM FOR TODAY

News of ECKANKAR events in Ohio, published by: Ohio Satsang Society, Inc. A Chartered Affiliate of Eckankar.

April - May - June 2017

## MAGGIE AND THOR

Reprinted from *Animals Are Soul too!*  
by Harold Klemp, p. 99-100

An ECK initiate was in the habit of doing her spiritual exercises each night in the living room. She would sit on the floor and sing HU, the love song to God.

Fortunately, her dogs, Maggie and Thor, always sat quietly as she sang, "HU-U-U-U." They didn't try to help by howling along. This could be quite a distraction, especially if the dogs weigh a hundred pounds each and have voices to match.

The woman's husband finally finished remodeling the attic, which he had made into their bedroom. It was such a pretty room, she decided this was where she'd now do the spiritual exercises.

The first night she and her dogs went up to her new attic bedroom, she noticed a peculiar thing. As soon as she sat down and began to sing HU, Thor and Maggie left the room. The same thing happened the next night and the next.

She couldn't understand why. The two dogs always followed her wherever she went and stayed right with her. But something had changed.

One night she went into her new bedroom and began the Spiritual Exercises of ECK to strengthen her connection with the inner worlds. Once again, as soon as she closed her eyes and started to sing HU, she heard Maggie and Thor run out of the room.

Am I singing HU in the wrong key? she wondered. Did the dogs change their minds and decide they don't want to do the spiritual exercises anymore?

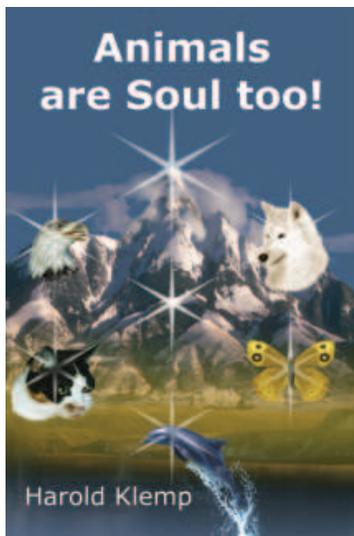
One night she decided to find out what was going on. As usual, the dogs followed her upstairs to the bedroom. She began to sing HU, and the dogs dashed out of the room. This time she followed them.

They headed down the stairs and straight to the living room.

As she watched them get comfortable in their favorite spot and shut their eyes, she suddenly realized what was happening. Her chanting HU signaled the start of the spiritual exercises, and the dogs came down to their established place in the living room so they could do theirs too.

Many pets that come into the homes of ECKists are very high spiritual beings. They too know and appreciate the beauty of this love song to God, the HU.

*Harold Klemp, the Mahanta, the Living ECK Master, often uses stories to highlight spiritual principles. For more stories illustrating the spiritual side of everyday life, you are warmly invited to attend the upcoming 2017 ECK Springtime Seminar, April 14-16, in Minneapolis, MN, or one of the video showings of his seminar talk—see the following details!*



## The 2017 ECK Springtime Seminar

You are invited to the life-changing experience of the 2017 ECK Springtime Seminar, April 14-16, 2017, in Minneapolis, MN. The spiritual focus of the seminar offers blessings and love; a vivid awareness of the love and guidance of the Mahanta, the Living ECK Master; and the opportunity to renew your goal to reach your God-given potential.



*The ECK Celebration of Life Chapel on Eckankar's Spiritual Campus in Chanhassen, Minnesota*

For info: [www.ECKseminars.org](http://www.ECKseminars.org).

See a listing of video rebroadcasts of Sri Harold Klemp's seminar talk on page 4.



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## ECKANKAR EVENTS IN OHIO

**The ECK Worship Service:** Join people from all walks of life to celebrate a life lived in harmony with Divine Spirit. Readings, speakers, spiritual discussion and original creative arts demonstrate the gifts found through daily practice of the spiritual principles taught in Eckankar. Find out how singing HU, an ancient name for God, can open your heart to God's love. You are invited to come and experience spiritual growth and fellowship as you explore what could be your next spiritual step.

**Open Spiritual Discussion:** Join us for free, dynamic discussions that explore an exciting range of spiritual topics. Experienced facilitators share exercises and tips to help you live a happier, more meaningful life.

**Community HU Song:** You are invited to join with others in this simple spiritual exercise. It has helped people of many different faiths open their hearts more fully to the uplifting presence of God. To sing or chant the word HU, an ancient name for God, first get comfortable, close your eyes, and take a few deep breaths. Next, gently put your attention on your inner visual screen, where daydreams and images come to you. With your eyes closed, sing HU (pronounced like the word hue) as a song of love. When you sing HU and sit in quiet contemplation, you might also perceive the inner Light and Sound. The Light may appear as brightness or colors on your inner visual screen. The Sound may be musical or the sounds of nature, such as the wind or the ocean. However you experience the presence of God, it is bringing you a broader understanding of the life you lead.

*For information on all events listed:  
1.800.891.7713 or [EckankarOhio.org](http://EckankarOhio.org)*

### Akron/Canton

All events held at **National Beauty College**  
4642 Cleveland Ave, NW, Canton, OH, 44709

#### Community HU Song:

**Sunday, April 2, 11:00 am - 12:00 pm**

**Video Presentation:** See special events on page 4

#### ECK Worship Service:

**Sunday, May 7, 11:00 am - 12:00 pm**

*Soul, the Real You*

#### Open Spiritual Discussion:

**Sunday, June 4, 11:00 am - 12:00 pm**

*Spiritual Wisdom on Karma and Reincarnation*

### Greater Cincinnati

First two events held at **Anderson Center Station**, 7832 Five Mile Road, Cincinnati, OH 45230. I-275 (exit 69), north 1.8 mi. on right.

#### Community HU Song:

**Sundays, 10:00 am - 10:30 am, April 9, May 14, June 11**

#### ECK Worship Service:

**Sundays, 11:00 am - 12:00 pm**

April	9	<i>Karma—Blessings for Today</i>
May	14	<i>Gratitude: Abundance Flourishes in a Grateful Heart</i>
June	11	<i>Contemplation: Sharing Your Heart with God</i>

**Video Presentation:** See special events on page 4

### Greater Cleveland

First two events held at **Holiday Inn**

6001 Rockside Road, Independence, OH 44131.

#### Community HU Song:

**Sundays, 10:00 am - 10:30 am, April 9, May 14, June 11**

#### ECK Worship Service:

**Sundays, 11:00 am - 12:00 pm**

April	9	<i>Heaven Is a State of Consciousness</i>
May	14	<i>Love and Let God Love You</i>
June	11	<i>All God's Creatures Are Soul Too</i>

#### Spiritual Exploration Classes:

**Wednesday's, 7:00 pm - 8:30 pm**

April	26	<i>How to Open the Spiritual Eye</i>
May	24	<i>The Eternal Nature of Soul</i>
June	28	<i>What Is Soul Travel (and How Do I Do It?)</i>

**North Olmsted Branch Library** (small meeting room)  
27403 Lorain Road, North Olmsted, OH 44070

#### Eckankar on Spectrum Cable TV, Channel 21:

**Every Thursday. New video monthly. 6:00 pm - 6:30 pm**

Featuring Sri Harold Klemp, the spiritual leader of Eckankar, speaking on a variety of spiritual topics, including, dreams, Soul Travel, reincarnation, and how to connect daily with Divine Spirit for love and guidance.

#### Gift of Light Expo: April 1 & 2, 10:00 a.m. - 6:00 pm

##### Cuyahoga County Fairgrounds

19201 East Bagley Road, Middleburg Heights, OH 44130

You are invited to visit the Eckankar booth to discover resources to help you take another step on your personal spiritual journey!

### Greater Columbus

First two events held at **Eckankar Center - Columbus**

1161 Bethel Road, Suite 103, Columbus, OH 43229

**Contact:** Center phone line: 614.840.0640

#### ECK Worship Service:

**Sundays, 11:00 am - 12:00 pm**

April	2	<i>God Is Alive and Well and Working in Our Lives</i>
May	7	<i>Becoming a Co-Worker with God</i>
June	4	<i>The Spiritual Laws of Life</i>

**Video Presentation:** See special events on page 4

— Continued on page 3

Columbus Eckankar Events - continued from page 2

**Open Spiritual Discussion:**

*Spiritual Wisdom on Dreams*

**Saturday, April 22, 3:30 pm - 4:30 pm**

**Granville Public Library Community Room**

217 E Broadway Street, Granville, OH 43023

1.800.891.7713



Located in Chanhassen, Minnesota, the Temple of ECK is the worldwide center for the teachings of the Light and Sound of God.

**Coshocton**

**A warm welcome to *spiritual seekers* from the Coshocton and Central-Eastern Ohio areas!**

Our first event is listed below. For current and upcoming information, look to this publication, *Spiritual Rhythms*, and in our new *Meetup* site online for central-eastern Ohio.

See the column on the right for all of our *Meetup* internet addresses, including the

***Eckankar Central-Eastern Meetup!***

**Community HU Song and Potluck Picnic:**

Friends and family are invited to this springtime fun event.

**Saturday, June 10th**

**Community HU: 10:30 am — 11:00 am**

**Potluck Picnic: 11:30 am — 3:00 pm**

*You are welcome to bring your favorite dish or beverage to share.*

**Coshocton Lake Park Shelter #8**

23253 State Route 83 North

Coshocton, OH 43812

**1.800.891.7713**

**Greater Dayton**

First three events held at **Quality Inn & Suites**, Meeting Room, 3661 Maxton Road, Dayton, OH 45414

**Community HU Song:**

**Sundays, 10:00 am - 10:30 am, April 23, May 28, & June 25**

**ECK Worship Service:**

**Sundays, 11:00 am - 12:00 pm**

April 23 *Spiritual Experiences: How They Open Your Heart*

May 28 *Keys to Living the Spiritual Life*

June 25 *Learning to Trust Your Inner Guidance*

**Video Presentation:** See special events on page 4

**Open Spiritual Discussions: Fridays, 7:00 pm - 8:15 pm**

April 14, 28 *Spiritual Wisdom on Life After Death*

May 12, 26 *Spiritual Wisdom on Karma and Reincarnation*

June 9, 23 *Spiritual Wisdom on Health and Healing*

**Bryan Center**, Meeting Room, A/B (upstairs)

100 Dayton Street, Yellow Springs, OH 45387

**Greater Toledo**

**Open Spiritual Discussion:**

*Spiritual Wisdom on Dreams*

**Sunday, April 9, 2:30 pm - 4:00 pm**

**Heatherdowns Branch Library**

3265 Glanzman Road, Toledo, OH 43614

**Video Presentation:** See special events on page 4

**ECKANKAR RESOURCES IN OHIO**

--- Special Announcement ---

***ECKANKAR Center - Columbus Has a New Address!***

**1161 Bethel Road, Suite 103, Columbus, OH 43220**

Note the new time for the **ECK Worship Service**  
11:00 am - 12:00 pm. See page 2 for dates and topics.

Due to publishing constraints, our newest events may not be listed in *Spiritual Rhythms*. Visit your area *Meetup* site for the latest event information.

**Eckankar Online**

**Main Eckankar Web Site:**  
[www.Eckankar.org](http://www.Eckankar.org)

**Eckankar in Ohio:**  
[www.EckankarOhio.org](http://www.EckankarOhio.org)

**Eckankar in Ohio Email:**  
[info@ECK-Ohio.org](mailto:info@ECK-Ohio.org)

**meetup**®

[EckankarOhio.org](http://EckankarOhio.org)  
for smart device users.

- [www.meetup.com/Canton-Eckankar-Meetup/](http://www.meetup.com/Canton-Eckankar-Meetup/)
- [www.meetup.com/Eckankar-Central-Eastern-Meetup/](http://www.meetup.com/Eckankar-Central-Eastern-Meetup/)
- [www.meetup.com/Eckankar-Cleveland-Meetup/](http://www.meetup.com/Eckankar-Cleveland-Meetup/)
- [www.meetup.com/Eckankar-Columbus-Meetup/](http://www.meetup.com/Eckankar-Columbus-Meetup/)
- [www.meetup.com/Eckankar-Greater-Dayton-Meetup/](http://www.meetup.com/Eckankar-Greater-Dayton-Meetup/)

**Call Us**

**Toll Free:** 1.800.891.7713. Request a free information packet.

**Eckankar Worldwide Toll Free:** 1.800.LOVE GOD

**ECKANKAR Center - Columbus:** 614.840.0640

1161 Bethel Road--Suite 103, Columbus, OH 43220

## 2017 ECK SPRINGTIME SEMINAR VIDEO PRESENTATIONS

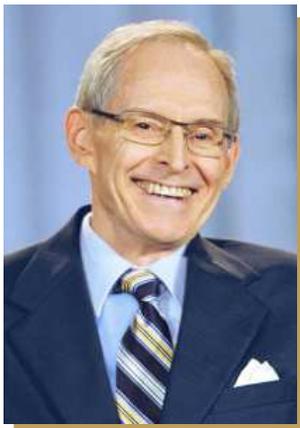
Join us at the locations listed on this page for a potluck luncheon and see rebroadcasts of Harold Klemp, spiritual leader of Eckankar, speaking to attendees of the 2017 ECK Springtime Seminar.

*Potluck attendees are welcome to bring a dish or drink to share. If you would like to experience the rebroadcast from the comfort of your own home, visit Eckankar online:*

[www.Eckankar.org/broadcast/index.html](http://www.Eckankar.org/broadcast/index.html)

**For additional information, call toll free:**

**1.800.891.7713**



Sri Harold Klemp  
Spiritual Leader  
of Eckankar

Harold Klemp is the spiritual leader of Eckankar today. He was raised on a Wisconsin farm and attended divinity school. In the 1960s, he found the teachings of Eckankar. In 1981, after years of spiritual training, Harold Klemp became the Mahanta, the Living ECK Master.

The Mahanta is the inner, or spiritual, form of the Living ECK Master. The Mahanta gives inner guidance through dreams, Soul Travel, and the Spiritual Exercises of ECK.

Eckankar always has a living master, who is given respect but not worship. Like a master craftsman, he helps spiritual apprentices gain experience in the Light and Sound of God. This leads to spiritual self-confidence and freedom.

Harold Klemp speaks to thousands of seekers from around the world at ECK seminars each year. Well over a hundred audio and video recordings of his public talks are available. Author of more than one hundred books, he continues to write, including many articles and spiritual-study discourses. Harold Klemp's inspiring and practical approach to spirituality helps thousands of people find greater freedom, wisdom, and love. His teachings uplift and help them recognize their own experiences in the Light and Sound of God.



### Akron/Canton

Sunday, April 30, 11:00 am - 1:00 pm: (video only)  
**National Beauty College**  
4642 Cleveland Ave, NW, Canton, OH, 44709

### Cincinnati

Saturday, May 13, 11:00 am - 2:00 pm: (video & potluck)  
**Anderson Center - Large Conference Room**  
7850 Five Mile Road, Cincinnati, OH 45230

### Columbus

Sunday, May 7: (potluck at 12:30 pm, video at 1:30 pm)  
**ECKANKAR Center - Columbus**  
1161 Bethel Road--Suite 103, Columbus, OH 43220  
*Contact:* Center phone line: 614.840.0640

### Dayton

Sunday, April 30, 11:00 am - 2:00 pm: (video and potluck)  
**Quality Inn and Suites - Meeting Room**  
3661 Maxton Road, Dayton, OH 45414

### Toledo

Saturday, May 13, 6:30 pm - 9:00 pm: (video only)  
*Light refreshments & fellowship will follow*  
**Holiday Inn & Suites at Levis Commons - Trinity Room**  
12710 Roachton Road, Perrysburg, OH 43551



## SPOTLIGHT ON ECK

This quarter, we feature Sri Harold Klemp's ECK Seminar Talks:

Eckankar is excited to announce Sri Harold's ECK Seminar talks are now easily accessible for download or streaming online via an array of sites. These include iTunes, Spotify, Amazon, and more.

*"The purpose of these talks is to open the heart center. The golden Light of God often enters the heart while we're laughing and feeling happy. Coming in so quietly and gently that we may not realize It's there."*

—Sri Harold Klemp,

*Cloak of Consciousness, Mahanta Transcripts, Book 5, p. 132*

You can also purchase CD recordings or download the full-talk versions at Eckankar's Online Bookstore @ <http://www.ECKBooks.org>. Talks include:

*A Mission Renewed*  
2012 ECK Springtime Seminar

*Love in Motion*  
2012 ECK Worldwide Seminar

*Seeing Clearly*  
2013 ECK Springtime Seminar

*Just Keep Trying*  
2013 ECK Worldwide Seminar

*The Language of Love*  
2014 ECK Springtime Seminar

*Doing Our Part*  
2014 ECK Worldwide Seminar

*On Holy Ground*  
2015 ECK Springtime Seminar

*Life Is a Chancy Thing*  
2015 ECK Worldwide Seminar

*The Subtle Golden Thread of Love*  
2016 ECK Springtime Seminar



**Special Offer:** When you buy any of these CD's online, you get a free copy of the talk in MP3 format! Download instructions will be e-mailed to you on completion of your order.

## LESSON FROM A LOST DOG

by Robin Dickson

I stopped at the grocery store after work and was driving home, taking the back way through side streets of a housing subdivision in my town. I noted a golden retriever walking in the road ahead of me. This was out of the ordinary as all dogs in the city are to be on a leash. Plus, there was no human “parent” nearby to claim the animal. I was concerned that he might dart out in front of my car as I passed him, or a car that might come along later. So, I stopped to see if I could find identification on the collar—a clue that the dog did have owners and a home.

He came right to me when I called. Before I could get a look at his collar, he climbed through my open car door, then leaped and settled himself nicely on my back seat.

*Well hello.*

I thought about knocking on doors of the houses flanking the street, but realized this guy could have wandered from anywhere in the city. A needle in a haystack proposition! I also had groceries in the way-back that I needed to get re-refrigerated. So, I decided to take him home with me and then get a better look at the tag on his collar in the hope that it had a phone number.

He rode nicely in the car—a dog with good manners and back seat experience. He needed no coaxing to get out in the garage and enter my home. Of course, he had to check out the cat’s feeding dish—politely.

*Hmmmm. He’s used to cars, houses, commands...*

The tag on the collar, unfortunately, had no name, no phone number, just a regular number of a dog license. I started thinking of ways to find his owner. (I thought it was a male dog, but with all the fur, it was hard to tell and I didn’t know how he/she/it might respond to a more invasive exploration of the matter.)

I could check the local paper’s lost and found when it came out on Saturday (days away). I didn’t really want to keep the dog that long because soon my cat would be home after a day’s work of terrorizing small mammals and birds, and she would not appreciate a canine house guest. At all.

By this time, I figured my guest should check out the restroom facilities: my fenced-in back yard. He promptly tended to business.

*Good dog.*

We played fetch with a tennis ball and he clearly knew the game. After the play session, he enjoyed pets and loving from me. He was pretty much the kind of dog I imagine I would like to have—when I no longer have a cat with a royalty complex, and am retired and have time to spend with a dog.

It occurred to me to try to identify him through the dog license. I went online to find a phone number to call in the morning, and while browsing, noticed our county has a site to assist people to find owners of lost dogs. I quickly came up with a phone number from the dog tag number.

*Drat. No one home!*

The answering machine announced the family name of Patterson, and I left a message indicating I had their dog and please call me back. Hours went by and there was no call back. The dog and I had more restroom breaks, fetch, love pets and a cat-food snack. It was getting dark. My next bright idea was to look in the phone book for a Patterson with the phone number associated with the dog license.

*Sheesh.*

The dog lived on the very street where I found him! I put the dog on a leash and packed him into the car and drove to the address from the phone book. A teenager came to the door. Another yappy dog barked hysterically as I asked the young man if the dog with me was his dog. He looked on the floor behind him and then back at me and the look on his face was pure surprise: he didn’t even realize the dog had been missing. For hours.

*Online a lot?*

When he opened the storm door, the dog slipped through, happy to be home. I asked the boy the name of the dog: “Bailey.” Like the dog in the movie.

*Figures.*

What was this event all about, I wondered? Perhaps Bailey just needed a little mini-vacation. Some Soul-to-Soul unconditional love. I’m not sure he was getting much love and attention at home—the owners never did respond to my voice message or call me back to thank me for bringing Bailey home. And maybe I just needed to give a little love.

*“Sometimes you are called upon by the ECK, the Holy Spirit, to go out of your way to help another person toward the enlightenment of God.”*

—Sri Harold Klemp, *The Awakened Heart*, p. 20

Animals are Soul too, on their own journey back home. This experience was an opportunity to help a fellow Soul. And just like Divine Spirit provided me to help Bailey, the dog, get back to his physical home, all Souls have an Inner Master to help us find our way back to our eternal home—to God. You do. If you don’t know who your Inner Master is, ask the Holy Spirit to show you.

Life truly is a spiritual adventure!



*“Animals are Soul too, on their own journey back home.”*

## How to Continue Receiving information about Eckankar Events in Ohio

**Internet:** You can access the Ohio Eckankar newsletter, *Spiritual Rhythms*, at [www.EckankarOhio.org](http://www.EckankarOhio.org). To receive quarterly email notification of new editions, email your request to [info@ECK-Ohio.org](mailto:info@ECK-Ohio.org). Please include your email address. Members of Eckankar can also request email notification of the member’s edition at [info@ECK-Ohio.org](mailto:info@ECK-Ohio.org).

**U. S. Mail:** To receive a mailed copy of this newsletter, complete the form below and mail to Ohio Satsang Society, Inc. Non-members can receive the newsletter FREE for one year. Members of Eckankar are requested to please donate as you are able to cover the cost of materials and distribution for all editions. Please make your check payable to Ohio Satsang Society, Inc. According to federal guidelines, the full value of your contribution is tax-deductible.

**Updating Your Subscription:** Email us at [info@ECK-Ohio.org](mailto:info@ECK-Ohio.org) or call 1.800.891.7713.

To receive *Spiritual Rhythms* by mail, complete this form and mail to the address below:

Name: _____	<b>Ohio Satsang Society, Inc.</b> <b>Attn: ML</b> <b>P. O. Box 09502</b> <b>Columbus, OH 43209-0502</b>
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Phone: (    ) _____ E-mail: _____	
Check one: <input type="checkbox"/> FREE public edition <input type="checkbox"/> Member’s edition, please give as you are able	

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**April - May - June 2017**



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